

**Reports for the Special Meeting
of the
Board of Commissioners**

Date and Time: 5:30 PM, Wednesday, April 23, 2026

Location: Fidalgo Pool & Fitness Center

Operations Director – Carla Bigelow

Swinomish Tribal Community Elders

Swinomish Tribal Community has received a grant to support tribal elders' health and fitness. The tribe will cover pool access for eligible elders, including lap swimming, water walking, aqua fitness, and potentially swim lessons for those who qualify through their medical clinic. The tribe will be billed monthly for program participation.

In collaboration with Amanda Buck and Michelle Skidmore, I assisted elders with creating Club Automation (CA) profiles. To date, 19 members have successfully created profiles. Swinomish Senior Center staff will transport elders to FPFC every other Tuesday for individual water exercise. Registered elders may also access facilities independently outside of scheduled transportation.

Equipment

Equipment purchases this month included:

- Replacement resistance tubing with handles for both the GroupX classroom and Fitness Center
- A new ab mat for the Fitness Center

All jump ropes, weight racks, and dumbbells purchased with donation funds have been received and placed upstairs. New individual exercise mats are now available in the Fitness Center.

A shelf in the GroupX classroom closet that held 8 lb. dumbbells pulled away from the wall. The weights have been relocated, and the shelf is pending repair.

GroupX Programs

Sculpt Pilates continues to perform strongly, consistently drawing 20 or more participants per class. Member feedback has been very positive. Instructor Marissa Carr has also begun seeing personal training clients in the Fitness Center.

Butts & Guts has been placed on summer hiatus due to ongoing low participation. Instructor Lindsey Miller is exploring potential format changes, and staff will remain in communication throughout the summer regarding next steps.

Yoga Instructor Summer Moore will begin offering monthly Saturday yoga workshops focused on specific areas of practice such as alignment and use of props. The first workshop is scheduled for May 30 and will focus on alignment (time TBD).

Virtual Group Fitness

Virtual group fitness programming will be discontinued effective May 1, 2026. CMS platforms, including Club Automation, no longer support Zoom and other streaming services. Additional factors included platform and Wi Fi instability, patron access issues, low participation (most classes averaged two or fewer attendees), and increased staff workload.

Patrons were notified via email on April 17, 2026. Feedback from respondents has been generally positive and understanding.

Here's an abridged version:

In April, FPFC advanced programming, partnerships, and service efficiency. A new grant funded partnership with the Swinomish Tribal Community now supports elder aquatic fitness, with 19 elders enrolled to date; transportation is provided biweekly, independent access is available, and the tribe will be billed monthly. Equipment upgrades were completed across fitness and GroupX areas, with one minor facility repair pending. GroupX performance remains strong, led by the highly successful new Sculpt Pilates class, while low participation programming was strategically paused for summer review. Monthly specialty yoga workshops will begin in May. Virtual group fitness will be discontinued effective May 1 due to lack of platform support, low utilization, and operational inefficiencies, with generally positive member feedback.

Maintenance Director – John Little

John is Experiencing computer issues and was not able to update his report. He will be present at the meeting for updates.

- The pool wall step repairs are still pending; summer closure will be the best time to repair them.
- Working on identifying 2-year, 5-year and 10-year capital improvement projects for the Facilities Committee.
- Collaborating with the Executive Director to see if we can increase our Maintenance and Custodial capabilities with additional staff or contractors.

TAC Head Coach - George Minkel

TAC is headed into the summer season phase of the 2025-2026 season. The summer season includes LCM and SCY meet. Here is our summer season phase meet schedule:

- May 2-3: PN LC Challenge Series at King County Aquatic Center
- May 8-9: PN BBST Take a Chance Invite at Arne Hanna Aquatic Center
- May 15-17: PN TAC Spring Thunderbird at Fidalgo Pool and Fitness Center
- June 6-7: PN TAC Summer Pentathlon and Distance Open
- June 19-21: IE Velocity Starlight Open at Wenatchee City Pool
 - o Communicated with TAC Masters coach that this meet is also a masters sanctioned event. Encouraged we both go for bonding and interaction between our two teams
- July: 17-19: PN LC 15&Over Champs at King County Aquatic Center
- July: 24-26: PN LC 14&Under Champs at King County Aquatic Center
- August 1: PN North Cascade Summer Swim League Champs at Snohomish Aquatic Center

This summer season, TAC is operating as the Summer Swim Team. Tryout have been planned for the last two weeks of April for a May start, and the last two weeks of May for a June start. Swimmers will obtain summer seasonal USA membership for the summer commitment. I hope that it helps bridge the gap closer from lessons to team experience to a full team commitment.

Summer Coach Projects:

- Updating coach certifications for deck access
- Finalizing 2026-2027 overall schedule and handbook, and team policy
- USA training courses via USA swimming "University" coach access

Aquatics Director- Jenny Claridge

As we head into summer season, we are looking at hiring lifeguards. We have at least 5 spots to fill if not more, being overstaffed during the summer months makes it easier covering for various vacations. I am going to offer a lifeguard course the week after school gets out in hopes the timing is better for candidates.

Summer Moore has decided to step down from her role as head lifeguard temporarily to manage some big changes in her personal life. Joni remains for the weekdays, and Hailey will return hopefully in June for the weekends, she is still recovering from knee surgery. Hailey has taken over doing the lifeguard schedule. We promoted 3 more to senior guard, Alexia Tibbles, Carter Larsen, and Alli Claridge. This brings us to 2 head guards and 6 senior guards. There will be some transitions at the end of summer with several of our high school graduates.

Sunday May 3rd is our first 4-hour in-service for lifeguards. This brings us into full compliance with the in-service requirement the department of health sets. Recognition has been the topic of the last 2 in-services. Recognizing the differences between a distressed swimmer, and an active drowning person. I am very proud of this group of teenagers, they are engaged in in-service, they ask great questions that sometimes stump me and they work together as a team. We are fortunate to have such an awesome group of kids working for us!

Session 4 of swim lessons is open for registration. I anticipate this being a slower session, spring is a busy season for baseball, soccer and other end of school year activities. Jamie, our level 2 & 3 instructor passed 9 level 2 kids to level 3, that is an impressive number of kids moving up! I'm pleased with how kids are progressing through levels; it speaks of the knowledge and commitment our instructors have in the curriculum. It is also proof that having certified water safety instructors is key to a successful swimming lesson program.

I am continuing to work on my aquatic professional designation through Association of Aquatics Professionals. This gives me over 240 hours of additional training in various areas including staff development, risk management, programming and management. I completed the resilience first aid training and I am in the process of applying to be a peer-to-peer advocate. We are in the process of ordering some new WIBIT pieces. The junction has finally come to the end of its time so that piece needs to be replaced and we are looking to add 3 to 4 more additional pieces. We are waiting for a quote from Recreonics, they hope to have something to us by the end of the week. The WIBIT company is based in Germany, and there were some technical issues last week that are causing the delay.

Summer schedule is being worked on. The summer swim lessons schedule has been worked out; I'm just putting together the additional recreational swims and lap swim schedule. I will have a tentative schedule put out by the end of next week.